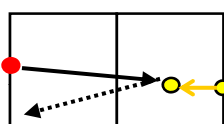
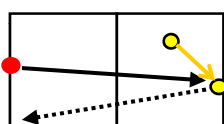
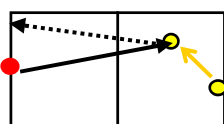
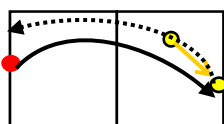
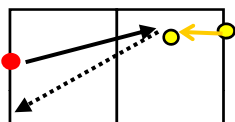
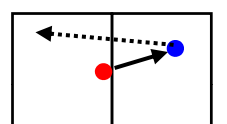
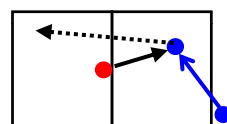
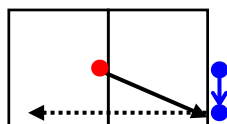
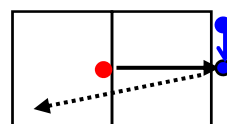
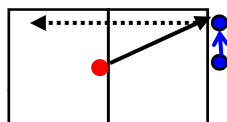


基礎練習メニューアップバージョン

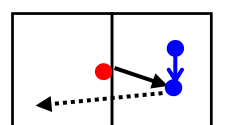
2-3)のアップバージョン



2-4)のアップバージョン

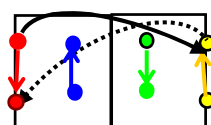
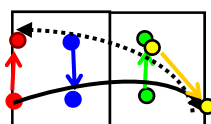
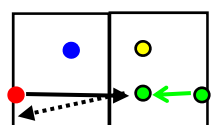
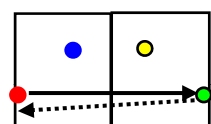
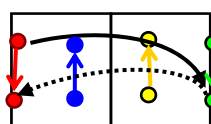
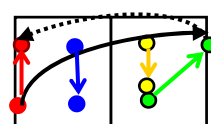
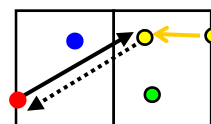
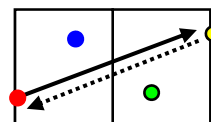


ホレー



ホレー

2-5)のアップバージョン



A B C D

Bは相手サイドからの甘い
ロブをスマッシュ